



What to bring

- A Bible
- Questions about prayer
- Sleeping bag/bedding & Pillow
- Towels
- Toiletries
- Clothes and shoes for taking a walk if nice weather
- A favorite game to play Friday night
- Snacks to share
- Flashlight
- Camera

Exploring the topic of prayer through teaching, small group discussion, idea sharing and personal communion time - we will grow our relationships with God and also the women of Trinity.

Note: Finances should not be a barrier to anyone who wishes to attend. Scholarships are available. Contact Kris Coggin if you have questions.

Any questions or comments about the retreat please contact Kris Coggin or Lois Halvorsen 206-546-1591.

TRINITY WOMEN'S RETREAT



On The Wings of Prayer

**Friday March 2nd to
Saturday March 3rd
at Gwinwood Christian
Conference Center in
Lacey, Westwood Bldg.**

Arrival time: Friday 6-7PM
Depart: Saturday 6-7PM

On The Wings of Prayer



Come learn about prayer and

- for fellowship
- to deepen your relationship with the Lord
- to make friends
- to deepen friendships
- to sing and laugh
- to get questions answered about prayer
- to learn new ideas or approaches to prayer

Prayers go up and blessings come down.

Prayer does not change God but it changes the one who prays.

Timeline basics:

Friday

- 6-7pm arrive, check-in and snacks
- 7-8pm Ice Breaker & singing
- 8-9pm Session 1 (Betty Parkhurst)

Saturday

- 8-9am Breakfast
- 9-11:45am singing, Session 2, workshops
- 12-1pm lunch
- 1-4pm singing, activity time, special times
- 5-6pm dinner
- 6-7pm depart

Gwinwood is centrally located in the heart of Western Washington just 10 minutes east of Olympia on Hicks Lake. **Telephone:** 360-491-0195

From the North:

Take I-5 South to Exit 109 Martin Way. Turn right onto Martin Way and take immediate left onto College St. Turn left on Lacey Blvd (One Way). Turn right onto Ruddell Rd. Turn left on 25th Ave. Turn right on Hicks Lake Dr follow to end and turn left onto 30th Ave. Gwinwood is at the end. We are at the Westwood Building.

Registration Form:

Name: _____

Phone: _____

Address: _____

City: _____

Please check all that apply below

I will be there both Friday and Saturday

I will be there Saturday only

I can drive and have room for
_____ passengers in my vehicle

I need a ride

Cost: \$75 for Friday and Saturday
\$55 for all day Saturday

- Please detach and fill out the registration form.
- Make checks payable to Trinity Presbyterian Church.
- Please register before February 23rd (we need to inform Gwinwood how many are coming and figure out transportation).
- Registration forms can be given to Kris Coggin or mailed to Trinity.

